NEW MOON TIMES AROUND THE WORLD THIS MONTH
NEW MOON AT 15 DEGREES IN GEMINI
SYDNEY: JUNE 5, 12.59PM
LONDON: JUNE 5, 3.59AM
MONTREAL/NEW YORK: JUNE 4, 10.59PM
AUCKLAND: JUNE 5, 2.59PM
PARIS: JUNE 5, 4.59AM

www.moonology.com
Journalist turned astrologer and New Age writer, Yasmin Boland, has been scouring the skies for insights for over 15 years. Passion turned to profession when she realised just how much the astrological ‘weather’ affects everyone, herself included, and she started writing about it.

As a result, she’s now read by millions of people each week via her website moonology.com and her astrology and New Age columns in publications including the Sunday Telegraph, Cleo and Red. She writes the daily Stars for Yahoo! Australia and New Zealand, and for various US and UK magazines and websites, including Red.

She writes or has written columns for publications and websites in Indonesia, Japan (where she has a growing following), South Africa, Malaysia and Abu Dhabi, and as a result has followers across the world. For four years, she wrote the monthly Stars (under her own name) for the late, great UK astrologer Jonathan Cainer’s site.

She’s also the author of several books – two novels, one nonfiction and two series of astrology books published in Australia, Canada, India, Portugal and the UK. In March 2014, her book Angel Astrology 101, coauthored with best seller Doreen Virtue, was published in early 2014 and quickly went to number 1 on the amazon.com.au, amazon.com and amazon.co.uk astrology best sellers lists. It has been translated into French, German, Turkish, Taiwanese among other languages. Her latest book Moonology – working with the magic of lunar cycles will be released on July 5 and has already also been translated for Europe.

About your Moonologer
Yasmin Boland

A note from Moonology’s Yasmin:
Everything contained in this New Moon info sheet and much, much more Moon information can be found in my new Hay House book Moonology. Visit moonologybook.com to pre-order your copy and go into the draw for a whole lot of excellent Moonology prizes!
HOW TO USE THE New Moon Manifesting KIT

WHICH SIGN IS THE NEW MOON IN?

The page overleaf from this one (page 4) tells you which sign the New Moon is in and gives you an overview of the energies. Knowing this information is extremely useful in a general sense.

Focus on the areas that the sign points to. If you work through all 12 signs over the course of a year, you will have worked on all parts of your life – and that’s really something amazing to do! For example, the New Moon in Gemini urges you to focus on your communications skills, the New Moon in Libra on your love life, the New Moon in Capricorn on your friends.

If you’re on the spiritual path, if you want to be the best person you can be, your best self, if you want to live consciously, checking in with the New Moon each month and focusing on the energies of the sign that the New Moon is in, and keeping those energies in mind, is really useful.

HOW IS IT AFFECTING YOUR SIGN OR PERSONAL CHART

Following on from the information about which sign the New Moon is in is perhaps even more useful information about which House on your chart the New Moon is in, according to your star sign or rising sign.

This really is the next level of astrology when you find out how the New Moon is affecting you personally.

For one thing, it gives you a very clear idea of which part of your life to really work on in the coming four weeks. For another, the New Moon Manifesting Kit gives you ‘cosmic extras’ information if you want to take you connection to the cosmos one step further and work with your chakra system, the angels and Goddesses and other Divine modalities.

GET INTO A STATE OF GRATITUDE AND START WISHING!

Once you understand the energies, it’s time to think about what you want to manifest for the month ahead. Getting into a state of gratitude is the best way to start the manifestation process as it gets your ego out of the way and it’s the ego which puts a bottleneck on deliberate creation. I recommend printing out the last four pages of this kit, namely these pages: MONTHLY BIG #gratitude MOMENT, NEW MOON manifesting HOW TO, Doodle Time! and Your pledge.

And that’s it! Please be sure to check in with me and the Moonology community on Facebook at facebook.com/yasminbolandsmoonology and let me know how you’re doing!

Yasmin x
Below is a guide to the top 5 things to do at the time of the New Moon in Gemini. If you plan your life by the New Moon, you will find you’re in the flow of life. Note that the advice in the guide applies to all of us, regardless of our personal astrology. The reason is, this is a lunation – in this case a New Moon – in a particular sign, and it therefore has a flavour of its own, no matter which star sign or rising sign we are. Each is to connect with all 12 New Moons so you work magic in pretty much every part of your life: the New Moon and the Laws of Attraction and Intention make excellent bedfellows. Also note that in all cases, you can apply the following New Moon information to a solar, aka New Moon, eclipse. To explain further, imagine that the New Moon is in Aries, which means it’s a good time of the year for us to work on our courage – to be braver and not timid.

However, a New Moon eclipse in Aries means it’s not just a good idea, it’s a really, really good idea, or even crucial somehow! Eclipses are like New Moons on steroids. They are definitely worth following through the signs and through the Houses in your chart (we will cover that later).

1. Communicate
Think about how well you’re communicating with the people who matter most to you. Gemini is the sign most concerned with this subject, and the New Moon in Gemini is a wonderful time to check in with yourself. For example, are you being honest about how you feel? Or are you whingeing and then wondering why your ‘requests’ don’t get the response you would like?

2. Meditate
Think about your mental state. If, like most people, you feel as if your brain is racing most of the time, then one of your New Moon wishes this month could be around promising yourself more mental time out. As I explained earlier, meditation is one of the best ways to relax your brain. You can do it even in the middle of the busiest day. Plan your life with the New Moon.

3. Socialize
Ask yourself how well you’re greasing the social wheels in your life. Gemini is a wonderfully flirtatious sign (and we all have Gemini somewhere in our chart). So how are you doing when you go to a party, for example, or when you come up against a gaggle of low school mums, or when you’re at work and you’ve no choice but to socialize? This is a good time to brush up on your lighthearted small talk! Seriously. If it doesn’t already come easily to you, life will be easier if you work on this.

4. See your siblings
Get together with your sister(s) or brother(s) or neighbour(s). This might sound a bit superficial but if you only do it once a year, when the Moon is new in Gemini, at least you will stay in touch! If you haven’t been on good terms with a sibling, now is the time to make some changes there. Start by doing that most Gemini of things and talking or writing to your sibling as a first step to sorting things out.

5. Read more!
Reading is also strongly associated with Gemini so get your reading list on track. What are you really interested in? Are you pursuing it? It’s easy to lose years of our lives to browsing the internet or watching TV. At least once a year, at the Gemini New Moon, draw up a reading list for yourself. Order the books, pile them up somewhere...
New Moon (or solar eclipse) in your 1st house
(Also known as your Image Zone)

It’s all about...
The image you’re presenting to the world.

What to expect
The chance to change the way that someone – or the world – sees you.

What to wish for
Courage, a new beginning, a better self-image, and self-direction.

What to visualize
Yourself, looking exactly as you would like to.

Idea to keep in mind
This is the start of my new 12-month cycle and I am beginning as I mean to continue.

Messages
This New Moon is one of the most exciting because it’s all about the ever-changing and wonderful you! It’s a time for self-improvement and self-development. Your personal appearance should be a priority this month – you are allowed to be a bit vain! Get yourself into the kind of shape you’ve been dreaming of and take a closer look at the image you’re presenting. This may sound superficial but pride in your appearance and an awareness of the message it sends out is a key to success. You can dress any way you want to, but give it some thought this month! This New Moon cycle also offers your annual chance to clear out your wardrobe, get a dropdead gorgeous new haircut, have some up-to-date business cards made, or revamp your website. Basically, it’s all about the way you present yourself to the world. Your popularity is high this month, so accept the invitations coming your way and revel in the attention. This is also one of the best times of the year for starting all kinds of new projects. You are in focus and in the spotlight this month. Make it your selfie month! If you need to work on your self-confidence in relation to your appearance, the New Moon will support you.

Meditation booster
Recite the following sentence to yourself before you start your regular meditation:
‘I allow myself to evolve and change.’

Ritual
Do the following just after making your New Moon wishes: stand in front of a mirror, blow your reflection a loving kiss and say: ‘I love you!’

Things to do
• Surprise friends with the ‘new you’.
• Throw out all your old make-up and start again.
• This is a great time to get married or meet someone new.
• It’s also a good time to move home.
• Splurge on something in a vibrant colour.
• Have a facial.
• Get your sight checked.

Top 3 affirmations
1. ‘Today is the first day of the rest of my life!’
2. ‘I take pride in my appearance.’
3. ‘I am brave!’
Repeat one or all of these daily during this New Moon, and in the coming four weeks.

Essential oil
As you begin your new journey, angelica seed will ease any doubts and increase self-awareness and positivity. Use angelica seed at this New Moon and for the coming four weeks – in your bath, in a burner or on your body.

Numerological energy
The number this month is 1, which means this is a time to think about yourself a little more than usual. What are your dreams, aims and goals? Get centred. Be very aware that you are at the start of your new 12-month New Moon cycle. Forget about the past and focus on what you want for yourself in the present, and what you wish to create for yourself in the future.

www.moonology.com
Mantra
Use the mantra Ram this month. Chant it out loud or silently every day: while you’re in the shower, before or after meditating, or at any other time that feels right to you. It works to boost the chakras of the month.

3D chakra
As you start your new lunar cycle with the New Moon in your 1st house, connect with your power centre: your solar plexus chakra, aka Manipura. The 1st house is where you shine from: it’s a part of your chart that shows the world who you are. What do you want to create in the coming 12 months as you follow the New Moon around your chart? Make a list now. This chakra is yellow and sits between your navel and the bottom of your sternum. It is associated with power, freedom and control.

5D chakra
The Earth Star, which is black and white and found below your feet, is this month’s chakra. It’s where all that you can achieve in this lifetime is stored. Getting this chakra in good shape will help you to feel comfortable and able to fulfil the potential you came to the Earth with in this lifetime.

Guiding Archangel
Ariel is the Archangel known as the Angelic Ambassador of Divine Magic and Miraculous Manifestation. Ariel reminds us that anything is possible if we approach life with the innocence of a child. Doing so can work wonders. To connect with Archangel Ariel, simply say the name Ariel and ask for help:
‘Dearest Archangel Ariel, please be with me this month as I start this important new cycle in my life. With your help and guidance, I can reach my full potential in all areas of my life. Thank you.’

Guiding Goddess
Athena is a very powerful Goddess who can help you as you start new projects. She’s the Warrior Goddess and Protector. Call upon Athena for any courage you may need with new projects: she has no fear!

To connect with Athena, simply say her name and ask for help:
‘Dearest Athena, please be with me this month as I work to be braver and bolder in chasing my dreams. With your help and guidance, I can reach my full potential in this area. Thank you.’

Universal Law
This month’s law is the Law of Divine Oneness, which states that we are all connected to all life everywhere; everything we think, do and say has a knock-on effect on us and on the people – and indeed on the world and Universe – around us.

Heavenly Ray
This month’s ray is the 1st ray, which is governed by Ascended Master El Morya and overseen by the Manu Allah Gobi. Its colour is red, so as you meditate this month, bring the colour red to mind. The 1st ray will anchor everything you need as you start your new cycle: ask for courage, confidence, inner power, bravery, passion, driving force and enthusiasm. Ask that your will integrates with the will and divine plan of the Creator.
MONTHLY BIG #gratitude MOMENT

Take a moment to list 5 things you are really grateful for.
(Counting your blessings puts you into a state of gratitude which is the ideal state for manifesting)
Set aside a good 15 minutes for the process you're about to undertake. Put on some uplifting music and breathe gently. Now take a moment to list 5 things you are really grateful for. (Counting your blessings puts you into a state of gratitude which is the ideal state for manifesting)

1. 

2. 

3. 

4. 

5. 

FAQ: Must I wish in accordance with each sign/house?
You don’t have to make your New Moon wishes in accordance with which sign or house the New Moon is in: every month you can wish for whatever you want. However, ideally, you would make a couple in accordance with the sign and house, as those wishes will be supercharged. Also, doing this means that after one year, you will have wished about, set intentions and/or worked on every part of your life, since every part of your life is covered in your chart!

www.moonology.com
NEW MOON manifesting

HOW TO:

• Write down your top 10 wishes/affirmations/commitments for the month.
• Visualize and feel your wishes and write down an affirmation to support them. For example, if you plan to exercise more you could say “Life is good! I exercise every day with pleasure!”
• Write down how you intend to work towards making each wish happen.

New Moon Wish or Intention #1.
To manifest this, I intend to:
Make this wish into an affirmation:

New Moon Wish or Intention #2.
To manifest this, I intend to:
Make this wish into an affirmation:

New Moon Wish or Intention #3.
To manifest this, I intend to:
Make this wish into an affirmation:

New Moon Wish or Intention #4.
To manifest this, I intend to:
Make this wish into an affirmation:

www.moonology.com
New Moon Wish or Intention #5.

To manifest this, I intend to:

Make this wish into an affirmation:

New Moon Wish or Intention #6.

To manifest this, I intend to:

Make this wish into an affirmation:

New Moon Wish or Intention #7.

To manifest this, I intend to:

Make this wish into an affirmation:

New Moon Wish or Intention #8.

To manifest this, I intend to:

Make this wish into an affirmation:

New Moon Wish or Intention #9.

To manifest this, I intend to:

Make this wish into an affirmation:

New Moon Wish or Intention #10.

To manifest this, I intend to:

Make this wish into an affirmation:

- Meditate, and then release attachment to your wishes by saying *For the good of all or not at all!* and/or *Om Namo Narayani.*

[www.moonology.com](http://www.moonology.com)
Doodle time!

Writing works very well for most people; however, I personally think drawing or even doodling is even better. The reason for this is, creating a little drawing of your dream/wish means you’re actually visualizing it coming true – and that’s huge! It means you really start to believe it and when you do that, you start to manifest it. As they say, ‘If you can believe it, you can achieve it.’
Your pledge...

No pressure! But making one big pledge for the month ahead is a really good idea. What is the ONE thing you really, REALLY want to manifest this month, above all else? Make your commitment to it here - sign your name to it!

I, _______________________________________

hereby promise myself that in 2016,

I will be super-committed to

______________________________

Signed

And now? Just say “Ommmm...” Expect the best. Wait and See. Say “Om Namo Narayani” which is Sanskrit for “I surrender to the Divine”... Or just say “I surrender to the Divine” a lot! Know that you are blessed and live your life within that knowing. Accept that everything happens for a reason. Keep a gratitude journal and/or count your blessings at least once a week! Friday or Sunday nights are ideal for this practice!

Have a wonderful month!

With love from Yasmin Boland and moonology team

CONNECT WITH ME

FACEBOOK.COM/YASMINBOLAND

TWITTER/YASMINBOLAND

FACEBOOK.COM/YASMINBOLANDSMOONOLOGY

MOONOLOGYDOTCOM

C. YASMIN BOLAND 2016